



## SCRIPTURES FOR STRENGTH, PEACE, & HOPE

Psalm 46:1-2 "God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear..."

Isaiah 41:10 "So do not fear, for I am with you, do not be dismayed, for I am your God, I will strengthen you and help you, I will uphold you with my righteous right hand."

Nahum 1:7 "The Lord is good, a refuge in times of trouble. He cares for those who trust in him..."

John 16:33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

Philippians 4:6-7 Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Joshua 1:9 "Have I not commanded you? Be strong and courageous! Do not tremble or be dismayed, for the Lord your God is with you wherever you go."

John 14:27 "Peace I leave with you, my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."

Psalm 29:11 "The Lord gives strength to his people; the Lord blesses his people with peace."

Psalm 91:1-2 "He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the LORD, 'My refuge and my fortress, My God, in whom I trust!'"



## A PRAYER FOR STRENGTH, PEACE, & HOPE

Dear Heavenly Father,

You instruct us to not give way to fear and worry in this life. Thank you for the powerful weapons of prayer and your Word, the Bible. Thank you for setting us free through Jesus Christ. Thank you for your Holy Spirit that dwells within us even now and gives us peace.

You assure us that you're constantly with us, no matter what we face in our lives, or in this world. When all seems shaky and uncertain, we choose to look to you, the Almighty One. We trust you even when we can't see what you're doing. We know you will make a way for us, where there seems to be no way. You are our Rock and Refuge, a very present help in trouble.

Help us not to be easily swayed by headline news stories or defeat and discouragement. Strengthen our spirits, from deep within, so that we can walk in your freedom, truth, and peace today to be a light and hope to others.

You are greater than anything we face in this world. In these truths we rest.

In Jesus' Name, Amen.